Top 10 iPhone Security Tips
By Kunjan Shah, Principal Consultant, McAfee® Foundstone® Professional Services
Table of Contents

Tip 1: Enable Passcode Lock on Your iPhone 3
Tip 2: Disable Features that Could Be Accessed Without Entering the Passcode 5
Tip 3: Overcoming Privacy Issues Due to the Inherent Design of the iPhone 6
Tip 4: Erase All the Data Before Return, Repair, or Resale of Your iPhone 9
Tip 5: Regularly Update Your iPhone’s Firmware 11
Tip 6: To Jailbreak or Not to Jailbreak 12
Tip 7: Enable Safari’s Privacy and Security Settings on the iPhone 13
Tip 8: Using Bluetooth, Wi-Fi, and Email Securely 16
Tip 9: Enable Restrictions 18
Tip 10: Enable Find My iPhone 18
About the Author 20
With more than 100 million Apple iPhone users, the demand to secure them has never been greater. The latest version of iOS (4.3.4 at the time of this writing) has matured a great deal from its predecessors. This iOS version comes with numerous security features that you can leverage if you’re interested in protecting your iPhone and the data it stores and processes.

Take a minute to think about the applications that you have running on your iPhone and the nature of information it processes. You will quickly come to the realization that it stores confidential and private information such as account numbers, passwords to websites, corporate emails, pictures and videos, browser search history, stocks you track, recent places you visited, and much more. It’s imperative that this information be protected at all times. Although a lot of stress is placed on protecting personal computers, most people fail to take even the basic security precautions on their iPhones.

This paper offers guidelines on securing your iPhone using features provided by iOS and by following other security best practices. It begins by discussing basic security settings for novice users and then continues to discuss advanced techniques for expert users. This paper is intended for users who want to take proactive measures to secure their iPhones, companies willing to train their employees (before allowing corporate emails on the devices), and administrators working on developing strong policies. It confines its discussion to iPhone security features only and does not discuss similar features that may be available in other mobile device platforms such as Android. However, some of the concepts and standards apply across all these devices.

The model device used for this paper is an iPhone running iOS 4.3.4. Some of these settings and features may not be present in the older or newer versions of iOS.

**Tip 1: Enable Passcode Lock on Your iPhone**

The most basic precaution you can take is to enable passcode lock and set it to automatically engage after a brief period of inactivity. By default, a passcode is not required to unlock the iPhone. Most people would put off this security measure for ease of use and convenience. However, the truth is that once you have it enabled, it becomes second nature and you would not notice any difference. It is recommended that you set a strong passcode. In the event of a physical theft, this will increase the effort required to compromise your iPhone. Also, for some other security applications to work such as Find My iPhone, a passcode is mandatory.

**How to setup a passcode lock**

1. Navigate to Settings > General > Passcode Lock.
2. Tap Turn Passcode On.
3. You will be prompted to enter a four-digit passcode twice. Choose a passcode that’s difficult to guess. See the guidelines on choosing hard passcodes below.
Choosing a Passcode That’s Difficult to Guess
According to research done by Daniel Amitay, the most common passcodes used are: 1234, 0000, 2580, 1111, 5555, 5683, 0852, 2222, 1212, and 1998. While 1234, 0000, and 2580 are easy to remember and thus picked, 5683 is the number representation of “LOVE,” once again mimicking a very common Internet password: “iloveyou.” Avoid using these commonly used or other easy-to-guess passcodes such as your birthdate.

Set Auto-Lock Timeout
The iPhone can be configured to auto-lock after a predefined period of inactivity. The most secure setting is one minute. This is also the default setting, unless changed by the user. It is recommended that this setting not be changed from its default value to anything greater and less secure, such as five minutes. Setting it to one minute will reduce the time window that the iPhone is in an unlocked state and ensure that it will be mostly locked in case of a physical security breach.

Enable Erase Data
It is trivial for a thief to guess the four-digit passcode through brute force attempts. The Erase Data setting could be configured on iPhone to erase all the user’s data and settings if 10 failed attempts have been reached. This will thwart all brute force attempts to guess the correct passcode. This setting is disabled by default, but it is recommended that you enable it. If enabled, your iPhone will completely wipe all the data after 10 failed attempts have been recorded. This may sound scary at first, as you don’t want your data to be accidentally deleted by a child or prankster. However, after the first few wrong attempts, it stops you from trying for a minute, then on the next failed attempt, it increases the delay to five minutes, and

1 http://amitay.us/blog/files/most_common_iphone_passcodes.php
keeps on increasing it till 30 minutes for the last few attempts, before wiping the data of the device. It is unlikely that someone would have all this time unless your phone is lost. Also, remember this information can always be restored from Apple iTunes if it is accidently wiped out.

Tip 2: Disable Features That Could Be Accessed Without Entering the Passcode

Disable the Voice Dial Feature
By default, the Voice Dial feature of an iPhone can be accessed without unlocking it first. To access this feature, press the Home button on a locked iPhone. It will start Voice Dial and prompt you to enter a command. This feature can be used to call anyone from the contact list, play songs, and use other functions. Apple has now provided an option for the users to disable it. To disable it:

1. Navigate to Settings > Passcode Lock > Voice Control.
2. Turn Voice Dial to OFF.
Disable SMS Preview
Messages can be previewed on a locked iPhone by default. Although this is a convenient feature, there are security ramifications when it is used. Many applications send sensitive secondary authentication information such as authentication codes via text message. This information, if compromised, could further compromise your banking and other application credentials through the use of the Reset Password functionality. It is recommended that this feature be disabled at all times. This feature can be disabled by navigating to Settings > Messages > Show Preview and then toggling it to OFF.

Tip 3: Overcoming Privacy Issues Due to the Inherent Design of the iPhone

Keyboard Cache
All the keystrokes\(^2\) entered on an iPhone could potentially get cached\(^3\) for up to 12 months under the `/var/mobile/Library/Keyboard/dynamic-text.dat` file for auto-correction, unless appropriate measures are taken. This includes all keystrokes entered by you—such as account numbers—that you may enter on your iPhone to register to banking applications. It should be noted, however, that the iPhone never stores password fields.

---

\(^2\) [http://www.security-faqs.com/did-you-know-that-the-iphone-retains-cached-keyboard-data-for-up-to-12-months.html](http://www.security-faqs.com/did-you-know-that-the-iphone-retains-cached-keyboard-data-for-up-to-12-months.html)

\(^3\) [http://stackoverflow.com/questions/1955010/iphone-keyboard-security](http://stackoverflow.com/questions/1955010/iphone-keyboard-security)
How to delete the keyboard cache
1. Navigate to General > Reset.
2. Tap on Reset Keyboard Dictionary.
3. Confirm on the warning screen.

Automated Screenshots
Every time a user taps the Home button, the window of the open application shrinks and disappears. To create this shrinking effect, iPhone takes an automatic screenshot. These screenshots are stored in the snapshots directory of the application. For example, the sample Helloworld application stores them at ~/Library/Application Support/iPhone Simulator/4.0.1/Applications/744F3613-A728-4BD7-A490-A95A66E6029F7/Library/Caches/Snapshots/com.yourcompany.HelloWorld.

The phone presumably deletes the image after you close the application. But anyone who understands this is aware that, in most cases, deletion does not permanently remove files from a storage device. Therefore, forensics experts have used this security flaw to gather evidence against criminals.

Figure 7. How to reset the keyboard cache.

Figure 8. Automated screen shots.

4 http://www.wired.com/gadgetlab/2008/09/hacker-says-sec/
How to prevent sensitive information from being captured as screen shots

If an application displays sensitive information such as Social Security numbers, account numbers, and other data in full, then avoid using such an application on the iPhone. However, the risk is still present for built-in applications such as Messaging, Safari, and other common functions. In this case, be mindful of this design flaw and avoid tapping the Home button while viewing sensitive information on the screen. Go to a different page not displaying sensitive information before tapping the Home button.

Advanced users can follow the steps below to disable screen shot writing permanently. Basic users should skip this section as it requires jailbreaking the iPhone. Jailbreaking has its own security issues that are outlined later on. Unless you are familiar with the process and aware of the security issues, you should not try this.

1. Use OpenSSH application to gain root privileges to your jailbroken iPhone.
2. Using the OpenSSH application, enter the following commands in the prompt:
   
   ```
   # rm -rf /var/mobile/Library/Caches/Snapshots
   # ln -s /dev/null /var/mobile/Library/Caches/Snapshots
   ```

   These commands will disable screenshot writing permanently. However, if you wish to undo this action in the future, delete the symlink and the directory will get re-created.

Geotagging

The storage of location-based data in the form of latitude and longitude inside the images is called geotagging. It is essentially tagging your photograph with the geographic location information. Though most digital cameras do not have GPS hardware built in, smartphones are exceptions. The iPhone has both the camera and GPS locator technology. Thus, the iPhone camera is equipped with automatically adding geolocation information to the pictures it takes. By default, all pictures taken by an iPhone contain this information unless it is manually disabled. Imagine you took some pictures of your house or your car parked in front of it and uploaded this to the social networking sites. Anyone viewing these images could identify the location of your house (if geotagging was not disabled). Now imagine if you were a celebrity hiding from paparazzi and took a photo of your house with your iPhone—you would reveal your whereabouts to them by publishing these pictures. According to the New York Times story, this incident happened to Adam Savage of the popular Mythbusters program.

How to Disable Geotagging on the iPhone

Apple iOS allows users to turn off location services on a per-application basis. It is recommended that you disable location services for the camera application. This will prevent geotagging. Navigate to Settings > Location Services. Toggle the Camera to OFF as shown below.

![Image of Location Services settings](image)

iPhone’s Location Tracking Issue
Earlier this year, it was discovered that the iPhone logs GPS coordinate data for more than a year and saves it in a file named “consolidated.db.” This file is also synced over to iTunes upon backup. When this issue was identified, this file was stored unencrypted on the machine during backups.

How to Disable Location Tracking by iPhone
Apple has now fixed this issue in the iOS version 4.3.3 by reducing the amount of data stored in the file to just the last seven days. It has also provided an option to manually turn off GPS tracking.8

Here are some suggestions to remediate this issue:

1. Use the Untrackered9 application from Cydia on jailbroken devices. This application installs a daemon that runs in the background and cleans the consolidated.db file.

2. Encrypt your iPhone’s backup in iTunes.

3. Turn off the iPhone’s location services by navigating to Settings > Location Services and toggling it to OFF as shown below.

4. Migrate to iOS version 4.3.3 or higher.

Tip 4: Erase All the Data Before Return, Repair, or Resale of Your iPhone
Imagine you bought a new iPhone and want to sell your old one on eBay. You can use the Restore option available in iTunes to reset the iPhone to its factory state. However, that does not use a secure delete function, allowing it to persist data on the device, which could be later recovered with the use of proper forensic tools. A detective from Oregon State Police managed to recover a user’s personal data like emails, photos, and more from an out-of-the-box refurbished iPhone that he had bought.10 All personal data that was available on the phone before being restored was still left in the unallocated blocks of iPhone’s NAND memory.

How to Securely Erase Data from Your iPhone

First method
1. Change all your passwords for emails, social networking sites, and banking sites that you have configured on your iPhone.
2. Navigate to Settings > General > Reset.
3. Tap on Reset All Settings as shown below and confirm the warning.
4. Next, navigate to Settings > General > Reset, and tap on Erase All Content and Settings.

5. Now restore the iPhone using iTunes as shown below.

6. Using iTunes, uncheck all Sync options for photos, videos, music, email, and other content.
7. Create three separate playlists as large as the storage capacity of your iPhone.
8. On the Music tab, select the first of your three playlists to sync. Make sure that the storage bar at the bottom looks full after syncing. This will guarantee that the complete memory on the iPhone is overwritten with the contents of your playlist and there are no unallocated blocks left.
9. Repeat this process three times for each of the playlists. This technique is referred to as the unofficial way of three-pass overwrite.
10. Now restore the iPhone again using iTunes.

Alternative Method
1. Reset all the settings. This will delete all the personalized files.
2. Restore iPhone to its factory state using iTunes. This process performs a quick format.
3. Use the iErase application available on the Appstore, developed by Jonathan Zdziarski (iPhone forensics expert).

Tip 5: Regularly Update the iPhone’s Firmware

iOS Firmware is the operating system embedded in the iPhone. The iPhone ships with the version of firmware that was current at the time of manufacturing. Apple provides frequent firmware updates that are not limited to bug fixes and security fixes, but also include additional security features. The current firmware version is 4.3.4. It is recommended that you always have the latest version of firmware running on your iPhone. By doing so, you will not be vulnerable to the security issues identified in the previous versions.

How to Check the Current Firmware Version on Your iPhone

To check the current firmware version, navigate to Settings > General > About. Check the version information available on this screen. As show in the figure below, the current version running on the test phone is 4.3.4.

Figure 14. The current version of the model iPhone.

How to Track the Latest Firmware Updates Released by Apple
1. Follow the updates on Twitter http://twitter.com/#/appleios.
2. If you are a registered Apple developer, you will receive this information in email.
3. Every time you connect your iPhone to iTunes, it prompts you for firmware updates, if they are available.
4. This is a good site for identifying the latest iOS firmware updates: http://ios.e-lite.org/.

How to Upgrade to the Latest Version of iOS Firmware
1. Connect the iPhone to your computer running iTunes.
2. Launch iTunes.
3. It will prompt you if the latest version of firmware update is available.
4. Accept and follow the steps to update the firmware on your iPhone.

Tip 6: To Jailbreak or Not to Jailbreak?

What Is Jailbreaking?
Jailbreaking is hacking of iOS through the use of custom kernels to bypass limitations imposed by Apple. It allows users to run any application not authorized by Apple, via installers such as Cydia. Jailbreaking was made legal in the US under DMCA of 2010. Thus, there are no legal restrictions preventing users from jailbreaking their iPhones. However, there are some serious security ramifications.

Cons
1. Jailbreaking makes you more susceptible to worms and other malicious applications.

Although identified vulnerabilities for iOS put users equally at risk, there are certain vulnerabilities that only target jailbroken iPhones. For example, the Dutch Ransom worm targeted users with the default SSH password on jailbroken iPhones. Thus, using a jailbroken device may increase your risk.

2. Applications on a jailbroken device run as root outside of the iOS sandbox.

By default, all the applications on a non-jailbroken iPhone run as a least-privileged mobile user, jailed in the sandbox architecture of iOS. However, applications on jailbroken iPhones can run as root.
and do whatever they please. Also, any self-signed applications can run on the device without being validated by Apple first. Although the primary goal of code signing introduced by Apple was not security per se, it does provide some level of security by limiting the number of malicious applications that are available on the AppStore.

3. It de-motivates you from regularly updating your iOS firmware.

When you update your iOS, you lose the jailbreaking advantage and need to re-jailbreak it. You also need to re-install all jailbroken applications and extensions. There are tools like PkgBackup that could be used to restore all the applications and hacks, but it is still cumbersome and may prevent you from frequently updating your iOS firmware. As discussed earlier, not running the latest version of iOS may make your iPhone vulnerable to defects and bugs identified in the older versions.

Pros
Although there are definite usability advantages to jailbreaking an iPhone, we are only discussing security benefits. The jailbreaking community has provided faster fixes than the iPhone development team in several instances. For example, when the zero-day vulnerability in the mobile Safari browser (related to the way it handles PDF documents) was identified, the jailbreaking community quickly released PDF Patcher 2 to remediate it. This protected the users who had jailbroken their iPhones (about 10 percent of the total iPhone user population), while others who didn’t were left waiting for Apple to release a fix. Thus, having a jailbroken iPhone may, in fact, work to your advantage by reducing the window of exposure to zero-day vulnerabilities.

Conclusion
To jailbreak your iPhone or not is a very controversial topic. You will find supporters from both sides. Jailbreaking is definitely not for everyone. If you are a novice user with limited knowledge of security, then you should try to avoid jailbreaking.

Tip 7: Enable Safari’s Privacy and Security Settings on the iPhone

The iPhone Safari browser provides some basic security settings. You can access these settings by navigating to Settings > Safari.

Figure 16. How to access security settings for the Safari browser.
1. **Enable Block Pop-ups**
Clicking on a malicious pop-up could expose your iPhone to malware. Although pop-ups are blocked by default, you can verify this by going to Settings > Safari > Block Pop-ups and making sure it is set to ON.

![How to enable Block Pop-ups.](image17.png)

2. **Disable AutoFill**
The iPhone has a feature to remember and then automate completion of forms in the Safari browser. Disable AutoFill to avoid caching of sensitive information such as names, passwords, and other sensitive data that you fill out in the web forms. This is similar to the AutoComplete feature found in the regular non-mobile web browsers. To disable AutoFill, go to Settings > Safari > AutoFill and toggle it to OFF as shown below.

![How to disable AutoFill.](image18.png)
3. **Enable Fraud Warning**

Fraud Warning protects you from unknowingly visiting phishing or other fraudulent sites. When you try to access such a site, Safari warns you and doesn’t load the page. To enable this feature:

1. Go to Settings > Safari > Fraud Warning.
2. Toggle this to ON.

4. **Clear cookies, history, and cache**

Delete your browsing history, cookies, and caches using these settings after visiting any sensitive websites such as banking sites. You’ll need to tap each option individually. For additional privacy, clear all three.

![Safari Settings](Figure 19. How to access Clear History, Clear Cache, and Clear Cookies settings.)

5. **Delete Databases**

Just a few years ago, deleting your browsing history may have been enough to protect your privacy on the iPhone. However, with HTML 5, there are further steps required to protect your privacy. Some websites may create databases on your iPhone that could disclose sites that you have visited, even after clearing your browsing history. You can delete unnecessary databases that you don’t want to have disclosed as shown below.

1. Go to Settings > Safari > Databases.
2. Delete unnecessary databases created without your knowledge.
Tip 8: Using Bluetooth, Wi-Fi, and Email Securely

Disable Bluetooth When Not in Use
Several applications use iPhone’s Bluetooth capabilities to share files and information and for gaming. Attackers could send unsolicited messages or steal sensitive information from Bluetooth-enabled iPhones, using attacks such as BlueJacking and BlueSnarfing. The iPhone does not provide the capability to turn off discovery, so the only preventative measure you can take to disable Bluetooth when it is not being used.

To disable Bluetooth, go to Settings > General > Bluetooth, and toggle it to OFF, as shown below:

Disable Wi-Fi When Not in Use
Just as with Bluetooth, it is recommended that you disable Wi-Fi when it is not being used. If Wi-Fi is turned off, then the iPhone connects to the Internet via the cellular data network (if available). In addition to conserving battery, it also eliminates Wi-Fi-related attack vectors. Currently, the cellular data network is more difficult to sniff compared to a Wi-Fi network.

By default, the iPhone also retains settings of the associated networks that it connects to. This allows it to automatically reconnect when in the range next time. Automatic association isn’t recommended, as it is easy to spoof networks. Also, for Wi-Fi networks that require HTTP(s) forms authentication, this feature will cause the iPhone to persist credentials on disk. If the iPhone is lost, the confidentiality of these persisted credentials and the resources protected by them may be at risk. You can prevent automatic association by following these steps:

1. Navigate to Settings > General > Wi-Fi.
Figure 22. How to access previously associated network settings.

2. Tap the blue arrow next to the previously associated network SSID.
3. Tap Forget this Network.

Figure 23. How to delete network association.

4. Repeat this process for each of the previously associated network SSID.

**Email Security**

Make sure that secure sockets layer (SSL) is enabled when accessing emails such as Hotmail or Gmail with the iPhone.

1. Go to Settings > Mail, Contacts, Calendars.
2. Select one of the active mail accounts.
3. Tap on Advanced.
4. Toggle Use SSL option to ON.

If this setting is not used, then messages are not transmitted securely and could be compromised. If you’re unable to connect to your web mail using the iPhone and SSL, consider using an alternative mail account. Hotmail, Gmail, and other popular email services work over SSL.
Tip 9: Enable Restrictions

iPhone users come in all shapes, sizes, and ages. Concerned parents can use the Restrictions option to lock down some of the iPhone's capabilities. This feature can be accessed by navigating to Settings > General > Restrictions. It provides several lock-down capabilities such as:

1. Preventing users from launching and using Safari, YouTube, Camera, or other inbuilt applications.
2. Preventing users from installing or deleting any applications.
3. Preventing changes to any accounts.
4. Restricting explicit content based on ratings, such as PG-13.

Tip 10: Enable Find My iPhone

Apple has now made the Find My iPhone application/service free with iOS 4.2. It only works on iPhone 4 by default. However, there are workarounds to get it working on the pre-2010 devices. This application uses iPhone's GPS and helps track lost or stolen iPhones. In order for this to work, the application has to be installed and set up before the device is lost or stolen. Follow the steps below to get it installed:

1. Launch AppStore, and download the free Find My iPhone application.
2. Next, go to Settings > Mail, Contacts, Calendar > Accounts, and add a MobileMe account.
3. Log in to the MobileMe account using your Apple ID and password.
4. Once connected, set Find My iPhone setting to ON as shown in the figure below.
5. Now, go to the installed application and log in with your Apple ID and password.

Once the setup is complete, you can use the MobileMe website to track your iPhone if it gets lost.

In addition to tracking the phone’s location, you can also display a message, play a sound, and enable remote wipe on it. This service only works if the device is passcode protected (see Tip 1). If the device is not protected, the thief can easily disable this service by deleting the MobileMe account. However, if the device is password protected, then this service is really useful.
Conclusion
The latest version of iOS is very mature and provides several security features. Some of these settings are also enabled by default. It is up to you now to understand and leverage these features to secure your iPhone and the data on it. Regardless of what you do, you will never be completely secure, as there will always be new zero-day vulnerabilities that may put you at risk. However, the goal is to follow these guidelines and best practices and send the attackers off to easier targets.

About the Author
Kunjans Shah is a principal consultant at McAfee Foundstone Professional Services. Kunjan has more than six years of experience in information security. He has a dual Master's degree in Information Technology and Information Security. Kunjan has also completed his CISSP, CEH, and CCNA certificates. Before joining McAfee Foundstone, Kunjan worked for Cigital. At McAfee Foundstone, Kunjan focuses on web application penetration testing, thick client testing, mobile application testing, web services testing, code review, threat modeling, risk assessment, physical security assessment, policy development, external network penetration testing, and other service lines.

Acknowledgements
I would like to thank Brad Antoniewicz and the entire McAfee Foundstone research team for reviewing this paper and providing useful feedback.

About McAfee Foundstone Professional Services
McAfee Foundstone Professional Services offers expert services and education to help organizations continuously and measurably protect their most important assets from the most critical threats. Through a strategic approach to security, Foundstone identifies and implements the right balance of technology, people, and process to manage digital risk and leverage security investments more effectively. The company's professional services team consists of recognized security experts and authors with broad security experience with multinational corporations, the public sector, and the US military.